

# Wycliffe Small Boats Head Course Map

## Summary of Safety Instructions

All boats may be checked by the Control Commission before being allowed to go afloat.

Please make sure before approaching the stages that all boats:

- \* have an approved ball securely attached to the bow
- \* have secure hatches/bungs for all buoyancy compartments
- \* have no holes in the canvases
- \* have secure heel restraints for all rowing/sculling shoes

All coxswains should be wearing an approved lifejacket or buoyancy aid. Coxswains of front loading boats must wear a lifejacket which will not inflate or provide buoyancy until the wearer is clear of the boat.

All members of the crew must be adequately dressed for winter conditions.

Any crew, which does not comply with the above, will not be allowed to go afloat.

In the short days of December, lack of light and exposure may pose a safety hazard so it is very important that races start on time and that competitors are not kept waiting long at the start. Please get on the water in good time and do not hold up the races.

During the race the whole course will be within sight of a number of Race Monitors who are in radio communication with safety launches. Should you be unfortunate enough to fall in or get into other difficulties, please make every effort to get your boat to the side whilst awaiting the arrival of a launch.

Remember that your boat will float even when capsized so STAY WITH IT and be prepared to shout warnings to oncoming crews.

The launch will tow you to the bank where you can get into it and be taken quickly to the boathouse.

## The Race

On the instruction of the marshals move back down towards Parkend Bridge and as soon as you are clear of the bridge, go firm.

The start is well marked and is about 15m from the bridge.

To ensure fair racing there will be no coaching from the bank during the races. However, steering advice may be given to coxless boats to avoid accidents.

Crews being overtaken must give way to overtaking crews and if necessary give audible warning as to which way they are moving. □ □ Overtaking crews may do so on either side.

All competitors must comply with the requests of the race monitors. Failure to do so could risk lives and may lead to disqualification.

## Bridges

Care must be taken when going under closed bridges.

Crews will need to duck. Lying down on your back is not recommended as you have less stability.

Crews will need some speed to clear the bridges without stopping under them!

